

63. Plänterwaldlauf

ABC Zentrum Berlin
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20 km Gesamtwertung

| Platz | Pl. m. | Pl. wei. | Stnr | Name, Vorname | Geb | AK | Platz AKI. | Verein | Zwischenzeiten | Leistung | |
|-------|--------|----------|------|---------------------------|------|------|------------|-------------------------------------|---------------------|---------------------|---------------------|
| 1. | 1 | | 1077 | Göhring, Daniel | 1978 | M 30 | 1 | Berlin | 17:29,7 (35:14,4) | 1:10:18 h | |
| | | | | | | | | | 17:21,6 (52:36,0) | 17:41,7 (1:10:17,7) | |
| 2. | 2 | | 1112 | Eisenkolb, Michael | 1975 | M 30 | 2 | | | 1:15:37 h | |
| | | | | | | | | | 18:43,3 (37:10,2) | 19:25,7 (1:15:36,1) | |
| 3. | 3 | | 949 | Trabandt, Jan | 1966 | M 40 | 1 | FH Runners | 19:24,4 (38:43,5) | 1:17:38 h | |
| | | | | | | | | | 19:30,0 (58:13,5) | 19:23,7 (1:17:37,2) | |
| 4. | 4 | | 1104 | Bradley, Jonathan | 1963 | M 45 | 1 | | | 1:17:42 h | |
| | | | | | | | | | 19:13,6 (39:03,5) | 19:13,3 (1:17:41,3) | |
| 5. | 5 | | 883 | Stutzke, Jörg | 1965 | M 40 | 2 | LG Nord | 19:44,1 (39:22,3) | 1:18:43 h | |
| | | | | | | | | | 19:38,4 (59:00,7) | 19:41,5 (1:18:42,2) | |
| 6. | 6 | | 1108 | de Matos Batista, Rui Miç | 1976 | M 30 | 3 | eiserne hauptmänner | 19:35,9 (38:52,5) | 1:18:48 h | |
| | | | | | | | | | 19:49,2 (58:41,7) | 20:05,5 (1:18:47,2) | |
| 7. | 7 | | 1138 | Krejčík, Frank | 1968 | M 40 | 3 | SV Germania 08 Roßlau | 19:41,1 (39:37,0) | 1:19:12 h | |
| | | | | | | | | | 19:52,3 (59:29,3) | 19:42,4 (1:19:11,7) | |
| 8. | 8 | | 1096 | Pätzig, Dirk | 1956 | M 50 | 1 | LC RON-HILL Berlin | 19:38,2 (39:08,0) | 1:19:50 h | |
| | | | | | | | | | 20:01,9 (59:09,9) | 20:39,8 (1:19:49,7) | |
| 9. | 9 | | 1176 | Szczepanski, Lutz | 1962 | M 45 | 2 | FH Runners Berlin | 20:04,5 (40:03,0) | 1:19:58 h | |
| | | | | | | | | | 20:07,4 (1:00:10,4) | 19:47,1 (1:19:57,5) | |
| 10. | 10 | | 1132 | Kiele, Bernd | 1958 | M 50 | 2 | MSV Tripoint Frankfurt (Oder) | 19:56,0 (40:47,3) | 1:20:07 h | |
| | | | | | | | | | 20:05,0 (1:00:52,3) | 19:14,0 (1:20:06,3) | |
| 11. | 11 | | 1147 | Lippold, Stefan | 1966 | M 40 | 4 | LC RON-HILL Berlin | 20:04,5 (40:02,7) | 1:20:10 h | |
| | | | | | | | | | 20:08,6 (1:00:11,3) | 19:57,8 (1:20:09,1) | |
| 12. | 12 | | 945 | Juran, Steffen | 1968 | M 40 | 5 | Drink & Run Club | 20:21,3 (41:05,5) | 1:21:54 h | |
| | | | | | | | | | 20:20,1 (1:01:25,6) | 20:27,5 (1:21:53,1) | |
| 13. | 13 | | 1157 | Pulz, Robert | 1982 | M 20 | 1 | FF Wiesenburg/Mark | 20:32,8 (41:17,1) | 1:22:31 h | |
| | | | | | | | | | 20:52,0 (1:02:09,1) | 20:21,4 (1:22:30,5) | |
| 14. | 14 | | 1079 | Cinieri, Ciro | 1957 | M 50 | 3 | Italia-Berlin | 20:08,4 (39:26,7) | 1:22:37 h | |
| | | | | | | | | | 21:11,7 (1:00:38,4) | 21:58,5 (1:22:36,9) | |
| 15. | 15 | | 1174 | Stenzel, Dierk | 1961 | M 45 | 3 | 1. Laufbrigade Volkspark Schönebeck | 20:24,5 (42:20,6) | 1:22:44 h | |
| | | | | | | | | | 20:28,7 (1:02:49,3) | 19:54,1 (1:22:43,4) | |
| 16. | 16 | | 1060 | Mascher, Karl | 1952 | M 55 | 1 | VfL Tegel | 20:31,4 (40:44,4) | 1:23:16 h | |
| | | | | | | | | | 21:16,6 (1:02:01,0) | 21:14,3 (1:23:15,3) | |
| 17. | 17 | | 1105 | Broßke, Dirk | 1979 | M 20 | 2 | | | 1:24:30 h | |
| | | | | | | | | | 20:55,6 (42:26,1) | 20:59,2 (1:03:25,3) | 21:04,3 (1:24:29,6) |
| 18. | 18 | | 1169 | Schüler, Frank | 1959 | M 45 | 4 | KSC-Strausberg | 21:13,0 (42:27,3) | 1:25:49 h | |
| | | | | | | | | | 21:41,7 (1:04:09,0) | 21:39,2 (1:25:48,2) | |
| 19. | 19 | | 1150 | May, Andreas | 1970 | M 35 | 1 | IDAA Deutschland | 21:17,7 (42:08,8) | 1:26:03 h | |
| | | | | | | | | | 21:40,6 (1:03:49,4) | 22:13,5 (1:26:02,9) | |
| 20. | 20 | | 948 | Miester, Christian | 1976 | M 30 | 4 | FH Runners | 21:36,3 (43:30,9) | 1:27:01 h | |
| | | | | | | | | | 22:12,7 (1:05:43,6) | 21:16,9 (1:27:00,5) | |
| 21. | 21 | | 1143 | Kröger, Sebastian | 1957 | M 50 | 4 | FH Runners Berlin | 21:57,7 (42:35,7) | 1:27:02 h | |
| | | | | | | | | | 22:06,2 (1:04:41,9) | 22:19,4 (1:27:01,3) | |
| 22. | 22 | | 1146 | Lehmann, Jens | 1982 | M 20 | 3 | | | 1:27:51 h | |
| | | | | | | | | | 21:06,8 (42:36,7) | 22:28,7 (1:05:05,4) | 22:45,6 (1:27:51,0) |
| 23. | 23 | | 1156 | Paschke, Frank | 1965 | M 40 | 6 | ForumTeam | 21:59,2 (44:13,9) | 1:27:57 h | |
| | | | | | | | | | 22:13,4 (1:06:27,3) | 21:28,9 (1:27:56,2) | |
| 24. | 24 | | 1109 | Demmig, Ralf | 1961 | M 45 | 5 | Lauf ABC - ler | 22:01,4 (43:30,1) | 1:28:30 h | |
| | | | | | | | | | 22:39,1 (1:06:09,2) | 22:19,9 (1:28:29,1) | |
| 25. | 25 | | 1118 | Frey, Steffen | 1978 | M 30 | 5 | MSV Tripoint Frankfurt (Oder) | 21:54,0 (44:13,5) | 1:28:40 h | |
| | | | | | | | | | 22:02,6 (1:06:16,1) | 22:23,1 (1:28:39,2) | |
| 26. | 26 | | 1055 | Kautz, Michael | 1965 | M 40 | 7 | Polizei SV Berlin | 22:17,3 (44:53,1) | 1:28:47 h | |
| | | | | | | | | | 21:56,9 (1:06:50,0) | 21:56,4 (1:28:46,4) | |
| 27. | 27 | | 1165 | Schneider, Hans-Joachin | 1956 | M 50 | 5 | FH Runners Berlin | 21:54,9 (43:52,4) | 1:29:00 h | |
| | | | | | | | | | 22:26,7 (1:06:19,1) | 22:40,0 (1:28:59,1) | |

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|-------|--------|----------|------|-----------------------|------|------|------------|-----------------------------|---------------------------------------|----------------------------------|
| 28. | 28 | | 1054 | Köhnke, Wilfried | 1947 | M 60 | 1 | Polizei SV Berlin | 22:17,3 (44:53,0) 22:10,0 (1:07:03,0) | 1:29:05 h 22:01,4 (1:29:04,4) |
| 29. | 29 | | 935 | Dr. Lüder, Steffen | 1966 | M 40 | 8 | LC Ron Hill Berlin | 22:01,0 (44:28,6) 22:21,0 (1:06:49,6) | 1:29:09 h 22:19,1 (1:29:08,7) |
| 30. | 30 | | 1135 | Kliffer, Amir | 1969 | M 35 | 2 | LT Bernd Hübner Berlin | 21:59,3 (44:14,3) 22:20,2 (1:06:34,5) | 1:29:17 h 22:41,7 (1:29:16,2) |
| 31. | 31 | | 1181 | Wieberneit, Alexander | 1971 | M 35 | 3 | LT Bernd Hübner | 21:59,3 (44:13,9) 22:14,8 (1:06:28,7) | 1:29:23 h 22:53,6 (1:29:22,3) |
| 32. | 32 | | 1115 | Florschütz, Ralf | 1961 | M 45 | 6 | | 22:21,1 (45:08,1) 22:23,5 (1:07:31,6) | 1:29:52 h 22:20,1 (1:29:51,7) |
| 33. | 33 | | 946 | Keller, Carsten | 1962 | M 45 | 7 | Berlin | 22:18,5 (45:20,4) 22:47,5 (1:08:07,9) | 1:30:54 h 22:46,1 (1:30:54,0) |
| 34. | | 1 | 1160 | Rogge, Barbara | 1968 | W 40 | 1 | OSC Berlin | 22:32,2 (45:22,4) 22:45,5 (1:08:07,9) | 1:30:58 h 22:49,2 (1:30:57,1) |
| 35. | 34 | | 924 | Trepod, Daniel | 1979 | M 20 | 4 | SISU Berlin | 23:13,0 (46:57,2) 23:02,0 (1:09:59,2) | 1:31:32 h 21:31,9 (1:31:31,1) |
| 36. | 35 | | 1159 | Rockland, Ingo | 1972 | M 35 | 4 | | 22:32,1 (46:08,4) 23:03,7 (1:09:12,1) | 1:32:09 h 22:56,3 (1:32:08,4) |
| 37. | | 2 | 1133 | Kiele, Katharina | 1984 | W 20 | 1 | PSB 24 Berlin | 22:57,4 (47:03,9) 22:42,2 (1:09:46,1) | 1:32:09 h 22:22,6 (1:32:08,7) |
| 38. | 36 | | 1185 | Wonneberger, Uwe | 1959 | M 45 | 8 | Malchower Grashüpfer | 22:50,6 (46:05,7) 23:11,9 (1:09:17,6) | 1:32:13 h 22:55,3 (1:32:12,9) |
| 39. | 37 | | 906 | Winkler, Roland | 1947 | M 60 | 2 | SCC Berlin | 22:41,5 (45:56,0) 23:24,5 (1:09:20,5) | 1:32:30 h 23:09,5 (1:32:30,0) |
| 40. | 38 | | 951 | Neumann, Joachim | 1953 | M 55 | 2 | SCC Berlin | 22:43,1 (45:29,3) 23:38,0 (1:09:07,3) | 1:32:33 h 23:25,1 (1:32:32,4) |
| 41. | 39 | | 1152 | Mieske, Frank | 1967 | M 40 | 9 | SV Rot-Weiss Weissensee | 22:25,3 (44:38,7) 23:49,5 (1:08:28,2) | 1:32:46 h 24:17,8 (1:32:46,0) |
| 42. | 40 | | 919 | Petermann, Maik | 1973 | M 35 | 5 | N.s.k. Berlin | 23:02,3 (46:37,3) 23:15,5 (1:09:52,8) | 1:32:57 h 23:03,6 (1:32:56,4) |
| 43. | 41 | | 1130 | Jobst, Henry | 1970 | M 35 | 6 | ForumTeam | 23:31,3 (47:02,9) 23:47,2 (1:10:50,1) | 1:33:44 h 22:53,1 (1:33:43,2) |
| 44. | 42 | | 1127 | Hippe, Karsten | 1973 | M 35 | 7 | Team Erdinger Alkoholfrei | 23:05,2 (46:25,7) 23:31,6 (1:09:57,3) | 1:33:51 h 23:53,2 (1:33:50,5) |
| 45. | 43 | | 1102 | Becker, Martin | 1973 | M 35 | 8 | SSC Berlin Grünau Triathlon | 22:59,4 (46:34,4) 23:38,3 (1:10:12,7) | 1:33:59 h 23:46,2 (1:33:58,9) |
| 46. | 44 | | 918 | Lieben, Uwe | 1963 | M 45 | 9 | Rolls-Royle | 23:29,8 (47:26,0) 23:39,0 (1:11:05,0) | 1:34:05 h 22:59,9 (1:34:04,9) |
| 47. | 45 | | 1136 | Klotzbücher, Jürgen | 1941 | M 65 | 1 | SV Müggelpark Gosen | 23:07,6 (46:05,2) 24:02,6 (1:10:07,8) | 1:34:15 h 24:06,6 (1:34:14,4) |
| 48. | 46 | | 1124 | Hausfeld, Holger | 1954 | M 50 | 6 | | 23:28,2 (46:46,3) 24:05,0 (1:10:51,3) | 1:34:47 h 23:55,0 (1:34:46,3) |
| 49. | 47 | | 1173 | Seelbach, Wolfgang | 1953 | M 55 | 3 | ForumTeam | 23:43,4 (46:15,0) 24:33,1 (1:10:48,1) | 1:34:58 h 24:09,1 (1:34:57,2) |
| 50. | | 3 | 1119 | Gehrke, Sylvia | 1968 | W 40 | 2 | ForumTeam | 23:41,8 (47:29,7) 23:49,8 (1:11:19,5) | 1:35:08 h 23:48,3 (1:35:07,8) |
| 51. | 48 | | 1172 | Schwab, Oliver | 1970 | M 35 | 9 | | 23:57,5 (48:37,1) 24:01,6 (1:12:38,7) | 1:35:56 h 23:16,5 (1:35:55,2) |
| 52. | 49 | | 1168 | Schrader, Sven | 1968 | M 40 | 10 | Lauf abc-ler | 23:22,5 (47:45,0) 24:04,8 (1:11:49,8) | 1:36:50 h 24:59,3 (1:36:49,1) |
| 53. | 50 | | 1191 | Körner, Mat | 1966 | M 40 | 11 | LC Käseranich | 23:58,6 (50:37,5) 23:20,8 (1:13:58,3) | 1:36:52 h 22:53,2 (1:36:51,5) |
| 54. | 51 | | 1190 | Weber, Jörg | 1968 | M 40 | 12 | LC Käseranich | 23:59,2 (50:37,5) 23:20,8 (1:13:58,3) | 1:36:52 h 22:53,4 (1:36:51,7) |

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| Platz | Pl. m. | Pl. wei. | Stnr | Name, Vorname | Geb | AK | Platz AKI. | Verein | Zwischenzeiten | Leistung |
|-------|--------|----------|------|-------------------------|------|------|------------|-----------------------------------|----------------|---|
| 55. | 52 | | 1134 | Kirchner, Andreas | 1969 | M 35 | 10 | | | 1:36:54 h |
| | | | | | | | | | 23:56,3 | 23:32,9 (47:29,2) 24:34,6 (1:12:03,8) 24:49,6 (1:36:53,4) |
| 56. | 53 | | 1149 | Marsell, Oliver | 1972 | M 35 | 11 | | | 1:37:20 h |
| | | | | | | | | | 24:08,4 | 24:00,1 (48:08,5) 25:17,2 (1:13:25,7) 23:53,8 (1:37:19,5) |
| 57. | 54 | | 1155 | Möhr, Norbert | 1962 | M 45 | 10 | LAC Berlin (1. VfL Fortuna Marzah | | 1:37:28 h |
| | | | | | | | | | 23:33,3 | 24:30,5 (48:03,8) 25:22,1 (1:13:25,9) 24:01,6 (1:37:27,5) |
| 58. | | 4 | 922 | Schutkowski, Anke | 1973 | W 35 | 1 | Waldesruh | | 1:37:35 h |
| | | | | | | | | | 23:51,4 | 24:35,8 (48:27,2) 25:02,8 (1:13:30,0) 24:04,3 (1:37:34,3) |
| 59. | 55 | | 1178 | Weigert, Matthias | 1960 | M 45 | 11 | MSV Zossen 07 | | 1:37:50 h |
| | | | | | | | | | 23:26,4 | 24:03,2 (47:29,6) 24:52,9 (1:12:22,5) 25:27,0 (1:37:49,5) |
| 60. | 56 | | 907 | Richter, Andre | 1971 | M 35 | 12 | Berlin | | 1:38:06 h |
| | | | | | | | | | 25:37,5 | 24:43,9 (50:21,4) 24:17,1 (1:14:38,5) 23:27,0 (1:38:05,5) |
| 61. | 57 | | 1128 | Hunger, Alexander | 1971 | M 35 | 13 | WSV Berlin | | 1:38:40 h |
| | | | | | | | | | 22:57,2 | 23:56,6 (46:53,8) 27:05,0 (1:13:58,8) 24:40,4 (1:38:39,2) |
| 62. | 58 | | 1061 | Dorn, Norbert | 1966 | M 40 | 13 | Berlin | | 1:38:52 h |
| | | | | | | | | | 24:24,8 | 24:12,3 (48:37,1) 24:25,2 (1:13:02,3) 25:49,5 (1:38:51,8) |
| 63. | 59 | | 1103 | Bergau, Dénes | 1986 | M 20 | 5 | BSG Landesbank Berlin | | 1:39:17 h |
| | | | | | | | | | 26:47,6 | 23:22,2 (50:09,8) 25:29,5 (1:15:39,3) 23:37,3 (1:39:16,6) |
| 64. | 60 | | 942 | Hein, Alexander | 1982 | M 20 | 6 | Berlin | | 1:39:58 h |
| | | | | | | | | | 25:38,7 | 24:43,3 (50:22,0) 24:45,1 (1:15:07,1) 24:50,7 (1:39:57,8) |
| 65. | 61 | | 916 | Koeller, Wolfgang | 1965 | M 40 | 14 | FH-Runner | | 1:40:08 h |
| | | | | | | | | | 25:10,1 | 24:46,7 (49:56,8) 25:12,5 (1:15:09,3) 24:57,8 (1:40:07,1) |
| 66. | 62 | | 1180 | Weinmann, Fritz | 1955 | M 50 | 7 | SC Steinberg | | 1:40:35 h |
| | | | | | | | | | 23:16,9 | 24:00,3 (47:17,2) 25:37,3 (1:12:54,5) 27:40,1 (1:40:34,6) |
| 67. | 63 | | 936 | Reichel, Wolfgang | 1964 | M 40 | 15 | Berlin | | 1:40:49 h |
| | | | | | | | | | 25:35,0 | 24:45,7 (50:20,7) 25:15,6 (1:15:36,3) 25:12,2 (1:40:48,5) |
| 68. | 64 | | 1121 | Götz, Volker | 1962 | M 45 | 12 | | | 1:41:00 h |
| | | | | | | | | | 23:51,5 | 24:48,5 (48:40,0) 26:11,7 (1:14:51,7) 26:08,1 (1:40:59,8) |
| 69. | 65 | | 1117 | Franke, Constantin | 1964 | M 40 | 16 | TSV Wiesenburg | | 1:41:04 h |
| | | | | | | | | | 25:04,4 | 25:37,6 (50:42,0) 24:56,5 (1:15:38,5) 25:25,1 (1:41:03,6) |
| 69. | 65 | | 1186 | Zabel, Jörn | 1965 | M 40 | 16 | RBB Laufbewegung | | 1:41:04 h |
| | | | | | | | | | 25:04,3 | 25:37,4 (50:41,7) 24:56,6 (1:15:38,3) 25:25,3 (1:41:03,6) |
| 71. | 67 | | 1179 | Weinknecht, Axel | 1967 | M 40 | 18 | | | 1:41:25 h |
| | | | | | | | | | 26:39,3 | 25:26,0 (52:05,3) 25:02,9 (1:17:08,2) 24:16,5 (1:41:24,7) |
| 72. | 68 | | 950 | Bruening, Tobias | 1985 | M 20 | 7 | FFO Redcocks | | 1:41:26 h |
| | | | | | | | | | 25:29,8 | 26:46,2 (52:16,0) 24:52,5 (1:17:08,5) 24:16,8 (1:41:25,3) |
| 73. | 69 | | 1099 | Schellenberg, Hans-Geor | 1938 | M 70 | 1 | Berlin | | 1:42:52 h |
| | | | | | | | | | 24:58,5 | 24:52,3 (49:50,8) 25:52,9 (1:15:43,7) 27:07,4 (1:42:51,1) |
| 74. | 70 | | 1129 | Jambor, Ralph | 1963 | M 45 | 13 | TSG 1898 | | 1:44:27 h |
| | | | | | | | | | 27:09,2 | 25:35,0 (52:44,2) 25:50,1 (1:18:34,3) 25:52,2 (1:44:26,5) |
| 75. | 71 | | 1078 | Dietrich, Rüdiger | 1962 | M 45 | 14 | Berlin | | 1:44:48 h |
| | | | | | | | | | 27:09,2 | 26:44,5 (53:53,7) 25:48,8 (1:19:42,5) 25:05,5 (1:44:48,0) |
| 76. | | 5 | 1107 | Chouki, Nasséra | 1967 | W 40 | 3 | Tib Berlin | | 1:44:54 h |
| | | | | | | | | | 26:23,5 | 25:25,0 (51:48,5) 25:54,7 (1:17:43,2) 27:10,2 (1:44:53,4) |
| 77. | 72 | | 1092 | Neudeck, Michael | 1963 | M 45 | 15 | Humpelkumpel | | 1:45:04 h |
| | | | | | | | | | 26:38,7 | 25:56,4 (52:35,1) 26:20,0 (1:18:55,1) 26:08,7 (1:45:03,8) |
| 78. | 73 | | 1094 | Schmidt, Peter | 1950 | M 55 | 4 | 1. Alpin Ski Club | | 1:45:24 h |
| | | | | | | | | | 26:24,9 | 25:28,9 (51:53,8) 26:21,2 (1:18:15,0) 27:08,5 (1:45:23,5) |
| 79. | 74 | | 1080 | Schubert, Axel | 1967 | M 40 | 19 | Berlin | | 1:45:59 h |
| | | | | | | | | | 27:14,3 | 26:10,4 (53:24,7) 26:23,4 (1:19:48,1) 26:10,6 (1:45:58,7) |
| 80. | 75 | | 1175 | Sterzer, Martin | 1982 | M 20 | 8 | Team Bocke | | 1:46:34 h |
| | | | | | | | | | 26:48,1 | 26:31,4 (53:19,5) 26:24,2 (1:19:43,7) 26:50,0 (1:46:33,7) |
| 81. | | 6 | 1082 | Meissner, Sabine | 1959 | W 45 | 1 | SV Turbine Neubrandenburg | | 1:47:27 h |
| | | | | | | | | | 26:55,1 | 26:48,7 (53:43,8) 26:55,4 (1:20:39,2) 26:47,7 (1:47:26,9) |

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|-------|--------|----------|------|-------------------------|------|------|------------|-------------------------------------|---------------------|---------------------|
| 82. | 76 | | 934 | Raffel, Wolf-Ulrich | 1975 | M 30 | 6 | Lichtenrader Löwen | 26:27,5 (53:32,8) | 1:47:36 h |
| | | | | | | | | | 27:05,3 | 27:25,3 (1:47:36,0) |
| 83. | | 7 | 1114 | Fischer, Johanna | 1986 | W 20 | 2 | | 26:37,8 (54:12,6) | 1:47:49 h |
| | | | | | | | | | 27:34,8 | 26:36,0 (1:47:48,5) |
| 84. | 77 | | 1120 | Gläser, Wolfgang Andrea | 1982 | M 20 | 9 | Meeschter | 25:24,9 (50:09,0) | 1:47:49 h |
| | | | | | | | | | 24:44,1 | 29:35,8 (1:47:48,8) |
| 85. | 78 | | 1083 | Radtko, Günter | 1942 | M 65 | 2 | Volkssport | 26:51,1 (54:24,7) | 1:47:57 h |
| | | | | | | | | | 27:33,6 | 26:59,5 (1:47:56,8) |
| 86. | 79 | | 1161 | Rothmund, Jens | 1968 | M 40 | 20 | | 26:49,4 (54:54,4) | 1:48:33 h |
| | | | | | | | | | 28:05,0 | 27:09,1 (1:48:32,5) |
| 87. | | 8 | 1095 | Bredereck, Kerstin | 1968 | W 40 | 4 | Neuenhagen | 26:37,6 (54:38,7) | 1:48:39 h |
| | | | | | | | | | 28:01,1 | 27:04,0 (1:48:38,7) |
| 88. | | 9 | 909 | Josupeit, Silke | 1969 | W 35 | 2 | Berliner TSC | 27:06,3 (54:40,1) | 1:48:40 h |
| | | | | | | | | | 27:33,8 | 26:52,7 (1:48:39,5) |
| 89. | 80 | | 1087 | Preiß, Wolfgang | 1952 | M 55 | 5 | SC Borussia | 28:36,0 (56:50,1) | 1:49:39 h |
| | | | | | | | | | 28:14,1 | 25:03,0 (1:49:38,7) |
| 90. | 81 | | 1100 | Bauer, Matthias | 1969 | M 35 | 14 | | 25:57,8 (50:52,5) | 1:50:44 h |
| | | | | | | | | | 24:54,7 | 31:28,7 (1:50:43,1) |
| 91. | | 10 | 1154 | Möhr, Andrea | 1965 | W 40 | 5 | LAC Berlin (1. VfL Fortuna Marzahn) | 27:52,6 (56:24,8) | 1:52:16 h |
| | | | | | | | | | 28:32,2 | 28:12,1 (1:52:15,4) |
| 92. | 82 | | 1151 | Merz, Kai-Uwe | 1960 | M 45 | 16 | SCC Berlin/ForumTeam | 27:24,0 (55:17,0) | 1:52:26 h |
| | | | | | | | | | 27:53,0 | 28:35,4 (1:52:25,2) |
| 93. | 83 | | 1111 | Dr. Siebert, Reinhard | 1949 | M 55 | 6 | | 27:42,2 (55:40,1) | 1:52:45 h |
| | | | | | | | | | 27:57,9 | 28:25,3 (1:52:44,5) |
| 94. | 84 | | 1101 | Bechtler, Cornelius | 1968 | M 40 | 21 | Fünf Ziegen | 28:01,1 (55:02,7) | 1:54:14 h |
| | | | | | | | | | 27:01,6 | 30:15,9 (1:54:13,2) |
| 95. | 85 | | 1199 | Neubrandt, Jürgen | 1944 | M 60 | 3 | VfL Lichtenrade | 27:03,2 (54:28,7) | 1:54:35 h |
| | | | | | | | | | 27:25,5 | 28:20,4 (1:54:34,2) |
| 96. | | 11 | 1106 | Bufacchi, Angela | 1978 | W 30 | 1 | | 28:46,3 (58:40,9) | 1:54:51 h |
| | | | | | | | | | 29:54,6 | 27:25,1 (1:54:50,4) |
| 97. | 86 | | 1093 | Scheunemann, Andreas | 1957 | M 50 | 8 | Neuenhagen | 29:38,6 (1:00:19,2) | 1:56:33 h |
| | | | | | | | | | 30:40,6 | 28:17,8 (1:56:32,6) |
| 98. | 87 | | 1085 | Amelung, Detlef | 1950 | M 55 | 7 | LLOD Hoppers | 28:36,9 (56:55,2) | 1:56:56 h |
| | | | | | | | | | 28:18,3 | 30:17,0 (1:56:55,7) |
| 99. | 88 | | 941 | Duft, Stefan | 1969 | M 35 | 15 | BSG Victoria | 27:43,5 (56:24,9) | 1:57:25 h |
| | | | | | | | | | 28:41,4 | 29:17,3 (1:57:24,4) |
| 100. | 89 | | 1163 | Schaal, Reinhard | 1944 | M 60 | 4 | SG Schönevide | 28:18,1 (56:57,6) | 1:58:39 h |
| | | | | | | | | | 28:39,5 | 29:58,8 (1:58:38,4) |
| 101. | 90 | | 1126 | Hesselbarth, Karl-Heinz | 1937 | M 70 | 2 | GMRLV Rennsteigläufer | 29:05,2 (59:49,4) | 1:59:52 h |
| | | | | | | | | | 30:44,2 | 29:54,1 (1:59:51,4) |
| 102. | 91 | | 1140 | Kreuzahler, Björn | 1978 | M 30 | 7 | RBO-Runners | 30:13,2 (1:01:33,3) | 1:59:58 h |
| | | | | | | | | | 31:20,1 | 29:35,4 (1:59:57,9) |
| 103. | 92 | | 1142 | Kreuzahler, Oliver | 1974 | M 30 | 8 | RBO-Runners | 30:13,4 (1:01:33,5) | 1:59:59 h |
| | | | | | | | | | 31:20,1 | 29:35,3 (1:59:58,3) |
| 104. | 93 | | 1139 | Kreutzer, Peter | 1968 | M 40 | 22 | HSV | 30:33,3 (1:01:52,5) | 2:00:40 h |
| | | | | | | | | | 31:19,2 | 29:40,1 (1:59:57,6) |
| 105. | 94 | | 910 | Ciesielski, Michael | 1948 | M 60 | 5 | Berlin | 30:16,3 (1:02:04,0) | 2:02:51 h |
| | | | | | | | | | 31:47,7 | 30:29,7 (1:59:57,6) |
| 105. | | 12 | 911 | Ciesielski, Eva | 1954 | W 50 | 1 | Berlin | 30:16,1 (1:02:04,4) | 2:02:51 h |
| | | | | | | | | | 31:48,3 | 30:15,9 (1:59:57,6) |
| 107. | | 13 | 930 | Bittner, Gisela | 1957 | W 50 | 2 | CSCM e.V. | 28:52,7 (57:24,6) | 2:03:16 h |
| | | | | | | | | | 28:31,9 | 32:34,1 (1:59:58,7) |
| 108. | | 14 | 1164 | Schmidt, Verena | 1981 | W 20 | 3 | | 30:28,1 (1:01:42,7) | 2:03:18 h |
| | | | | | | | | | 31:14,6 | 30:49,4 (2:03:18,0) |

63. Plänterwaldlauf

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20 km Fortsetzung Gesamtwertung

| Platz | Pl. mä. | Pl. wei. | Stnr | Name, Vorname | Geb | AK | Platz AKI. | Verein | Zwischenzeiten | Leistung |
|-------|------------|-------------|------|----------------|------|------|---------------|--------------|----------------|---|
| 109. | 95 | | 1090 | Walter, Holger | 1963 | M 45 | 17 | Humpelkumpel | | 2:05:12 h |
| | | | | | | | | | 32:02,3 | 30:48,1 (1:02:50,4) 31:30,6 (1:34:21,0) 30:50,5 (2:05:11,5) |
| 110. | 96 | | 1123 | Haschke, Frank | 1967 | M 40 | 23 | | | 2:08:59 h |
| | | | | | | | | | 27:41,8 | 31:29,1 (59:10,9) 34:48,7 (1:33:59,6) 34:58,5 (2:08:58,1) |

110 Finisher